

## FIELD HOCKEY CANADA

Field Hockey Canada is pleased to announce the following *Women's NextGen Athlete Identification opportunity*.



## EASTERN REGION JUNIOR ATHLETE IDENTIFICATION

This is an open invitation for junior aged athletes, born 2005 or before, to be evaluated for Field Hockey Canada Women's NextGen Programming.

Athletes identified and selected during this Camp will be invited to centralize and train from June 5 to July 21st in either Toronto or Vancouver. The centralized training environment may include up to of 5 training sessions per week, 3 technical and 2 coached Strength and Conditioning sessions, as well as at home physical programming on the Bridge App.

Following this training period, selected athletes will participate in a training camp and four-game competition series held in Ontario. Tentative dates for this are August 1 – 6, TBC. This will be the final selection point for the U21 team + reserves that will continue to train toward the 2023 Junior World Cup, in December 2023 (\*pending qualification). And, for a U23 squad that will train toward selection and opportunities within the Senior environments and be considered for upcoming training and competition events.

### WHO is Invited?

- Canadian Citizens
- Born in the year 2001, 2002, 2003, 2004 or 2005
- Current University Athletes in Canada, NCAA or internationally OR Athletes graduating high school in 2023 and are interested in the opportunity to be selected to Field Hockey Canada Junior Programs.
- All current FHC Identified Athletes AND New Hopefuls are invited.

**WHEN?** May 25 – 28, 2023; University of Toronto

Athletes should plan to arrive at the latest morning of May 25<sup>th</sup> and depart the afternoon of May 28<sup>th</sup>.

### What to Expect:

On-field hockey training with focus on technical fundamentals, tactical decision making and performance execution, Game Play and Fitness Testing including Bronco, Repeat Sprint, Sprint, GK Specific Agility Testing.

### SELECTION CRITERIA + EXPECTATIONS:

Selection policy and requirements are posted to the website and [can be found here](#)

**EXPRESSION OF INTEREST:** Please complete an expression of interest to attend this event [AT THIS LINK](#) registration details will be shared once camp details are confirmed.

### COST:

The cost for this camp is \$300 which covers staffing, facilities and administrative costs. Athletes are expected to arrange their own individual travel and accommodation plans.

\*Athletes that are currently registered in the NextGen program must still register to attend this camp, but will be provided with an exemption code as the cost of this camp is within your current athlete fees.