



# INDOOR PAN AMERICAN CUPS

MARCH 2024, CALGARY, CANADA

MEDIA GUIDE





## EVENT DETAILS

Tournament: Indoor Pan American Cup  
Divisions: Men's and Women's Indoor National Teams  
Competition Dates: March 19-22, 2024  
Venue: Seven Chiefs Sportsplex & Chief Jim Starlight Centre  
City: Calgary, Alberta

## EVENT SUMMARY

The Indoor Pan American Cup, hosted by Field Hockey Canada, Field Hockey Alberta and the Pan American Hockey Federation, will take place at the Seven Chiefs Sportsplex. The event will showcase the finest indoor hockey talent from across the Pan Americas.

The tournament will feature a dedicated warm-up area alongside a showcase field surrounded by hundreds of spectator seats, creating a perfect setting for intense competition and festival environment. The spacious venue will allow for both the practical aspects of training days leading up to the event and the main tournament matches.

Field Hockey Canada is excited to host this world-class event, highlighting their commitment to fostering the growth of field hockey in the country. The tournament will not only provide a platform for indoor hockey athletes to compete, but will also serve as a qualifier for the 2025 Indoor World Cup, adding an extra layer of significance.

## PARTICIPATING NATIONS



## WOMEN'S COMPETITION

Argentina  
Canada  
Uruguay  
USA

## MEN'S COMPETITION

Argentina  
Canada  
Guyana  
Trinidad & Tobago  
USA

## COMPETITION DETAILS

Arrival days: March 13-15

Training days: March 16-17

Competition days: March 19-22

Opening Ceremonies: March 19 - 2pm MST

Finals and Award Ceremonies: March 22



## WHAT IS INDOOR FIELD HOCKEY?

Indoor hockey started in Europe as an alternate way to practice hockey in the months of winter when it was too cold to play the sport outdoors. Over the years, the game has developed and evolved into the fast, skillful and action-packed version of hockey that it is today, with countries all over the world playing the sport throughout the year.

The game is played on a hockey specific indoor flooring material in the shape of a rectangle 40 metres long and 20 metres wide. There are boards placed on the side perimeters of the pitch (but not the backline) that keep the ball in play. The scoring circle has a nine-metre radius from the center of the goal-line and the penalty spot is marked seven metres from the center of the goal-line.

Each team in indoor hockey consists of 6 players that includes 5 outfield players and 1 goalkeeper. Teams can choose to play with 6 outfield players by not playing a goalkeeper. The total size of a squad in indoor hockey is 12 players and rolling substitutions are permitted.

An indoor hockey match is played over a course of 40 minutes, split in 4 quarters of 10 minutes each.

Indoor hockey requires players to possess some very similar skills to outdoor hockey, and some that are unique to the indoor format of the game. These include the ability to use the side boards to make passes and beat players, which is a crucial skill given that lifting the ball to dribble past players (the 3D skills commonly used in the outdoor game) are not permitted in indoor hockey. Lifting the ball is only permitted when a player attempts to score a goal from inside the scoring circle, by the use of a flicking motion. The flicking motion is defined as: raising the ball off the ground by placing the head of the stick under the ball and using a lifting movement.

Hitting, striking or slap hitting the ball, using a swinging movement of the stick towards the ball, is not permitted anywhere on the pitch.



## TOURNAMENT PHOTOGRAPHY

The tournament will have multiple official photographers. Media will have access to the venue as well. Please highlight if you are a media member who intends on using the photography areas.

Every match will have a photo album with access granted to national organizations and media by the PAHF and will be updated regularly throughout each competition day. Please note in your application if you'd like to be on this list with the photo gallery.

## PLAYER & COACH AVAILABILITY

There will be a mixed-zone where members of the media are welcome to come to meet and interview athletes, coaches and members of staff. Generally, the athletes will cross-through this area after matches. Athletes and coaches will be encouraged to move through the mixed-zone after each match. For the Indoor Pan American Cup, there will not be a mandatory mixed-zone attendance for all athletes. Please connect directly to tournament media contacts and team managers to line up specific interviews with athletes.

For interviews outside of competition time, please contact the tournament media staff to make arrangements for specific media opportunities. There will be certain black-out times due to the competition schedule, but we will aim to be as flexible as possible to meet the media's needs.



## PRIMARY MEDIA CONTACTS

Kevin Underhill - Communications Manager  
**FIELD HOCKEY CANADA [Vancouver, BC]**  
kunderhill@fieldhockey.ca  
604-868-7189

Nahir El Barri - Communications Manager  
**PAN AMERICAN HOCKEY FEDERATION [Argentina]**  
pahf.office@panamhockey.org  
media@panamhockey.org

Sajan Jabbal - Executive Director  
**FIELD HOCKEY ALBERTA [Calgary, AB]**  
executivedirector@fieldhockey.ab.ca  
403.607.2204

Susan Ahrens - CEO  
**FIELD HOCKEY CANADA [Vancouver, BC]**  
sahrens@fieldhockey.ca@fieldhockey.ca

## MEDIA ACCREDITATION FORM & DETAILS

Please fill out this form if you would like to come to the Indoor Pan American Cup as a member of the media. Field Hockey Canada and the Pan American Hockey Federation will review every applicant and respond with our decision. Please note, we may not accept every media application. Please allow 72 hours for a response email.

**APPLY TODAY**

## PRESS RELEASE

### Field Hockey Canada hosts the Indoor Pan American Cup in Calgary, AB

The best of the Pan Americas descend on Calgary March 19-22, 2024

CALGARY, ALBERTA — Field Hockey Canada, in collaboration with Field Hockey Alberta and the Pan American Hockey Federation, is set to host the 2024 Indoor Pan American Cup at the Seven Chiefs Sportsplex & Jim Starlight Centre on the Tsuut'ina Nation. Taking place from March 19 to 22, 2024, this event will spotlight the premier indoor hockey talent from across the Pan American region.

Field Hockey Canada eagerly anticipates hosting this world-class event, underscoring its commitment to nurturing the growth of field hockey in the country. Beyond offering a platform for indoor hockey athletes to compete, the tournament will also serve as a qualifier for the 2025 FIH Indoor World Cup, adding an extra layer of significance.

#### Attending Teams

Women's Division: Argentina, Canada, USA, Uruguay

Men's Division: Argentina, Canada, USA, Guyana, Trinidad & Tobago

The last time Canada hosted the Indoor Pan American Championships was in 2005 in Waterloo, Ontario. Since then, the event has taken place in Argentina, Venezuela, Uruguay, Guyana, and in 2021, it was held in Pennsylvania, USA. Canada's men's team last qualified for the Indoor World Cup in 2015, and the women's team achieved a record eighth place at the 2023 FIH Indoor World Cup in South Africa.

Indoor hockey originated in Europe as an alternative way to practice hockey during the winter months when it was too cold to play the sport outdoors. Over the years, the game has evolved into the fast, skillful, and action-packed version of field hockey we know today, with countries worldwide playing the sport year-round.

The Team Canada rosters and official schedule will be released shortly on the Field Hockey Canada website.

## ORGANIZATION QUOTES

“We are delighted to welcome our continental neighbors to Canada. Indoor hockey is an important part of our Canadian hockey community and the pathways within FHC. By bringing this world-class tournament to western Canada, we build the sport from coast-to-coast-to-coast in a truly inclusive manner. I am delighted that we are supporting the opportunity for our athletes to play at home in front of our passionate supporters. I know the Albertan community will make this a home tournament to remember.

I would like to give my many thanks to Field Hockey Alberta, the Pan American Hockey Federation, our local organizing committee, the greater Calgary sports community, partners, sponsors and supporters for making this happen. It promises to be a memorable and exciting event. One that is sure to continue to build the Canadian hockey pathways and celebrate hockey in Canada.”

- SUSAN AHRENS, CEO FIELD HOCKEY CANADA

“The Indoor Pan American Championships tournament has become a pinnacle event in our calendar because it provides a platform for our athletes and officials to excel and compete at the highest level of indoor hockey. Canada’s rich hockey heritage, combined with its commitment to hosting world-class events, makes it an ideal setting for this tournament. Together, we are committed to delivering a tournament that will exceed expectations, leaving a lasting legacy for indoor hockey in the Americas.”

- ALBERTO BIDEISKY, PRESIDENT PAN AMERICAN HOCKEY FEDERATION

“Calgary is thrilled to be hosting the 2024 Indoor Pan American Cup. As we prepare to welcome close to 200 athletes from across the Americas, our city eagerly anticipates the energy and excellence they will bring to our doorstep. Collaborating closely with our local Field Hockey community, we are committed to ensuring an unforgettable experience for all involved.”

- CARSON ACKROYD, SENIOR VICE PRESIDENT OF SALES AT TOURISM CALGARY





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